

LONDON ASBESTOS SUPPORT AWARENESS GROUP

Charity registered in England and Wales No. 1174543



Friendship Groups

Dagenham, London

This group is run on the last Thursday every other month. The purpose of the group is to support each other through a very difficult time, to make friends with people who understand your situation but to also help emotionally.

Location: Toby Carvery Moby Dick, Whalebone Lane, Dagenham, Greater London, RM6 6QU

Time: 11am - 1pm

Contact: Jenny Tompkins - 07526 499163 or jenny@lasag.org.uk

Canterbury, Kent

This group is run on the second Wednesday of each month. The group is for relatives, friends and carers of those who have sadly passed away from mesothelioma or other asbestos related diseases.

Location: Fenwicks Department Store, The Eatery, St George's St, Canterbury CT1 2SR

Time: 10.30am - 12.30pm

Contact: Denise Hodges - 07950 922874 or denise@lasag.org.uk

**For further information, please visit www.lasag.org.uk.
Alternatively please email support@lasag.org.uk or call our freephone
helpline on 0808 278 2515.**

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Support Groups, Coffee Mornings and Friendship Groups

We hold local support groups, coffee mornings, friendship groups and events throughout the year for sufferers and family members of those suffering from mesothelioma and other asbestos related diseases. Groups take place across London and the South East. We also hold online support groups. Please contact us for details; support@lasag.org.uk

Our experienced staff, together with special guest speakers and healthcare professionals are available to provide information and support you may need, including benefits and compensation scheme support.

Our services are FREE in a safe and confidential environment.

We continually review our support groups to ensure the need of the sufferers we support are met. Please check our website or contact us for guest speakers and any new support groups, friendship groups and events.



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Support Groups & Coffee Mornings

Dagenham, London

This group is run on the last Thursday every other month

Location: Toby Carvery Moby Dick, Whalebone Lane, Dagenham, Greater London, RM6 6QU

Time: 11am - 1pm

Contact: Jenny Tompkins - 07526 499163 or jenny@lasag.org.uk

Chelmsford, Essex

This group is run on the first Friday of every Month

Location: Writtle Village Hall, 18 The Green, Writtle, Chelmsford CM1 3DU

Time: 11am – 1pm

Contact: Louise Chaffe - 07713492486 or louise@lasag.org.uk

Harlow, Essex

This group runs on the first Wednesday of every month

Location: The Church of Jesus Christ Of Latter- Day Saints, Tysea Road, Harlow, CM18 7DR

Time: 2pm - 4pm

Contact: Katrina Armstrong - 0749 813 8400, or katrina@lasag.org.uk

Surrey, London

This group is run every 6 weeks on a Monday

Location: Toby Carvery, 45 Cheam Road, Epsom, KT17 1QZ

Time: 12pm - 2pm

Contact: Jade Hannan - 07585 337230 or jade@lasag.org.uk

Norwich & Norfolk

This group is run on the last Saturday of every other month

Location: Big C Centre, Norfolk & Norwich University Hospital, Colney Ln, Norwich NR4 7UY

Time: 1pm - 3pm

Contact: Gemma Smith - 07777 149719 or gemma@lasag.org.uk

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Support Groups & Coffee Mornings

Rainham, Kent

This group is run on the first Tuesday of every month

Location: Rainham Cricket Club, Berengrove Park, Berengrove Lane, Rainham, Gillingham ME8 7NA

Time: 3pm - 4.30pm

Contact: Jade Hannan - 07585 337230 or jade@lasag.org.uk

Dartford, Kent

This group is run on the third Friday of every month

Location: Temple Hill Square, Dartford, DA1 5HY

Time: 1pm - 3pm

Contact: Jade Hannan - 07585 337230 or jade@lasag.org.uk

Canterbury, Kent

This group runs on the second Thursday of every month

Location: Thanington Resource Centre, Thanington Resource Centre, Thanington Road, Canterbury, CT1 3XE

Time: 2pm - 4pm

Contact: Denise Hodges - 07950 922874 or denise@lasag.org.uk

Tunbridge Wells, Kent

This group runs on the last Wednesday of every month

Location: Mercure Hotel, The Park View Room, 8 Tonbridge Road, Pembury, Tunbridge Wells, TN2 4QL

Time: 2.30pm - 4pm

Contact: Denise Hodges - 07950 922874 or denise@lasag.org.uk

City of London

This group is run monthly - please check the website for dates

Location: The Lamb and Trotter, 6 Little Britain, City of London, EC1A 7BX

Time: 2pm - 4.00pm

Contact: Louise Chaffe - 07713492486 or louise@lasag.org.uk